

Self-Parenting: Growing & Understanding our Attachment Needs



**Thursday
July 29th,
2010**



Are you enjoying your role as a parent? Are your children enjoying you? Do you feel aligned as a couple in your parenting?

Join us to hear how a deeper self-understanding can help you raise children who thrive. Learn how to be more compassionate with your children, and equally important, with yourselves.

This workshop will show you how to understand and integrate your experiences from childhood into a nurturing style of parenting that promotes emotional connection, meaningful attachment and trust.

When

Thursday, July 29th, 2010
6:30pm to 9:30pm.

Where

Center for Christian Life Enrichment
3100 Dundee, Ste. 102
Northbrook, IL 60062

Cost

\$75 per person or \$100 per couple.
Light snacks provided,

Registration

Sign up by calling or emailing us at
847.272.3684 ext. 12 or by emailing
info@cle.us.com



Speaker:
Rich Blue, M.A., LCPC, NCC, IBCC,
Founder and Clinical Director for
Center for Christian Life Enrichment



Speaker:
Sue Blue, Life Coach
Founder of Blue Life Coaching