

CLE Running and Walking Club Presents:

FRESHSTART 5K

run full speed into 2012



December
31st, 2011
8:00 am



When

Saturday December 31st, 2011
Race begins 8am

Where

Center for Christian Life Enrichment
3100 Dundee Rd. Ste. 102,
Northbrook, IL 60062

Registration

\$5 on-site registration
(includes post-race refreshments)
Orders for t-shirts will be taken race-day,
men's and women's dri-fit sizes available for \$25

Join the CLE Running and Walking community for a **FRESHSTART** in 2012 during our first annual FRESHSTART 5K. With experienced runner and licensed therapist Nancy Rollins leading the way this will challenge you athletically and personally to push yourself as you set the pace for the New Year.

Senior Staff Therapist
Nancy Rollins, M.S., LCPC, NCC
Center for Christian Life Enrichment

