

# Abundant Mid-Life:

How to get the MOST out of your second half of life



Saturday  
January  
29<sup>th</sup>, 2011  
8:30am-11:30am



Develop a nourishing and mature vision for the second half of your life

Find meaning and purpose in your everyday activities

Learn how to embrace change

Join Nancy Rollins and Gabriela Cantu in this **interactive workshop** where we will discover and explore what it truly means to be a woman in her second half of life. This special and sacred time will be a chance for **empowerment** and a time to build **community and relationships** with one another as we develop a vision for our second half of life that far surpasses what we have created so far. Whether you are adjusting to changes in your life, career or family, this **grounded experience** will offer you the space to further develop the wisdom and tap into the potential you have yet to discover.

*The rest of your world is waiting for you to arrive; will you join us so that we can help you in the next part of your journey?*

## When

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## Where

CLE Offices  
3100 E. Dundee Rd. Ste 102  
Northbrook, IL 60062

## Registration

\$80 per person  
bring a friend for \$25

To sign up email or call 847/272.3684 ext. 13  
nancy.rollins@cle.us.com



Center for  
Christian Life Enrichment

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